



## BACK TO BASICS BANGERS RULES & REGULATIONS

- This is **Strictly a Nudge & Spin** class and any incident deemed by the steward to be 'Not within the spirit of the class' will be severely dealt with.  
**No follow-ins, T-bones, ramming cars that are not part of an ongoing incident, no head-on's or hittling of stationary cars**
- Any Saloon type Cars are allowed up to a maximum of 1800cc, however Ford Mondeos are not allowed. In addition 4x4s, vans, MPVs, pick-ups or limos are NOT allowed.
- **UNLIMITED B2B's** - Over 1800cc, front or rear wheel drive (**NO** Ford Mondeo's or Cougars permitted. **NO** 4x4's, vans, pick-up's or limos are permitted). MPV's permitted (no bigger than Previa).
- Engine swaps are NOT allowed
- All cars must remain 'on the key' with the original ignition system.
- All airbags, plastic bumpers and driver's window mechanisms must be removed.
- **All inner steering wheels must be filled in : perspex (securely cable tied) or steering wheel fully taped.**
- Original petrol tanks must be removed.
- Dashboards may remain in place.
- Rear bumpers/ tow bars must be removed. Cars with original metal front bumpers can remain but must not have any additional welding/fittings.
- The gas shocks must be removed from the tailgate/boot.
- All cars must be fitted with 'H-frame, **must be bolted at the roof and floor. External washers minimum 100mm x100mm. Must not be welded into the car. Must no prtrude outside internal space. Roll cage end plates passenger side through B pillar, drivers side through B pillar or drivers door plate, driver's door plate as per national Bangers Rules.**
- Driver's seats must be tied via the 'B-pillar'. (Minimum)
- Bonnets and passenger doors must be tied shut with seat belts only.
- Bonnet to be left on original hinges and must be secured closed with seat belt only.
- No additional welding.
- Only original engine mountings are allowed. No additional engine/gearbox mountings.
- No clutch, distributor or cam-belt guards are allowed.
- Radiators must remain in their original position.
- Batteries may be moved inside the car, but must be covered.
- Cars must have original manufacturers exhaust system.
- Suspension must remain standard and cannot be altered from original specification.
- No cambering of wheels.
- Only road legal tyres: NO federals, Eagle F1, Uniroyal Rainsports. Any tyres deemed to be 'not within the spirit of the class' by the Scrutineer may be asked to be removed.
- Any size or combination of size wheels can be used but not to gain advantage, the scrutineers at any time can instruct you to change the wheels.
- A full shoulder-type safety harness with lap-straps must be fitted and bolted to the floor. Belts must be a minimum width of 3 inch. Single point buckle fixing harnesses are not allowed.
- A minimum of a four point buckle fixing must be used with a minimum of 3 floor fixings. A secure part of the floor or cage (including the seat bar), are recommended anchor points.
- Original Silencer must be left on the vehicle. No Silencer No Racing.
- A suitable head restraint must be fitted to the roll cage or seat.

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- Helmets must be of a minimum standard as directed by British Oval Racing Safety Executive (B.O.R.S.E). These are BS6658 Type A/FR, FIA8860-2004, SFI Foundation 31.1A, SFI Foundation 31.2A. The E2205 European standard helmet may be used in Fibreglass or Tri-Composite form only. It is important that the helmet fits the driver correctly. Shatterproof goggles / visors must be worn although tinted visors are not advisable.
- Neck braces are recommended.
- Fireproof gloves and fireproof balaclava are MANDATORY and must be marked appropriately.
- Only flame retardant racing suits must be worn.
- There will be an automatic minimum three month ban which will be issued for threatening behaviour, and a minimum 12 months which will be issued for physical violence offences, a second offence will carry a much harsher penalty. This applies to all driver's and team members. Consumption of alcohol whilst participating in a race event will result in an automatic 12 month ban. Drivers are reminded they are responsible for the conduct of their team at all times.